

PLAYER COMMITMENT CONTRACT

I, _____(name) will give a 100% effort to:

1. Define my academic and athletic goals.
2. Make the necessary sacrifices to accomplish them.
3. Attempt to remain patient and positive in the process of attaining these goals. Change takes time!!
4. Make a greater effort to respect and appreciate my family, teachers, coaches, and friends.

I will be committed to doing:

_____ (fill in the hours) of homework a night.

I will be committed to doing:

_____ (fill in the hours) of softball training a day.

I will accomplish these goals by doing less: (check which ones apply)

_____ goofing off after school

_____ talking on the phone

_____ (fill in your own) _____

I have completed this commitment agreement with the sincere intention of organizing and prioritizing my daily schedule. I will post this in an area where I will see it often (ex: in my room).

By doing so, I will become a: Better person, smarter student, and more successful athlete.

Name of Student Athlete

Date of Contract

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